November

ACTION PLAN FOR COMPASSION, GRATITUDE, PEACE, HAPPINESS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
What I'll do today to focus on peace and compassion:	What I'll do today to focus on peace and compassion:	What I'll do today to focus on peace and compassion:	What I'll do today to focus on peace and compassion:	What I'll do today to focus on peace and compassion:	What I'll do today to focus on peace and compassion:	What I'll do today to focus on peace and compassion:
I'm grateful for:	I'm grateful for:	I'm grateful for:	I'm grateful for:	I'm grateful for:	I'm grateful for:	I'm grateful for: