

2026 May

Be an adorable badass.



What Would Dolly Say?

This month, our focus is on facing fear and speaking up! And doing it the adorably badass way. Let's follow the advice of the mother of all adorable badasses:

Dolly Parton!

3 "If you don't like the road you're walking, start paving another one."

4 "Don't get so busy making a living that you forget to make a life."

5 "When someone shows you their true colors, believe them."

6 "I think everybody should be allowed to be who they are, and to love who they love."

7 "Find out who you are and do it on purpose."

8 "I just don't have time to get old!"

9 "I have little feet because nothing grows in the shade."

10 "I always count my blessings more than I count my money. I don't work for money, never did."

11 "I don't kiss nobody's butt."

12 "I make a point to appreciate all the little things in my life."

13 "I know how to stand my ground. I know how to speak up. I know how to stand sturdy. But that doesn't mean I've hardened my heart."

14 "You need to really believe in what you've got to offer, what your talent is — and if you believe, that gives you strength."

15 "We can't just hope for a brighter day, we have to work for a brighter day."

16 "I'm very real where it counts, and that's inside"

17 "Don't be a dumbass."

18 "I don't lose my temper often, but I often have to use it."

19 "I have a lot of gay fans because they know that I just accept people as they are. It's not my place to judge. I ain't God and I ain't running for office."

20 "Storms make trees take deeper roots."

21 "We cannot direct the wind, but we can adjust the sails."

22 "I'm not going to limit myself just because people won't accept the fact that I can do something else."

23 "You'll never do a whole lot unless you're brave enough to try."

24 "There's a lot of talented women out there and we should all get a chance to do what we do."

25 "I live feminism. I work it. And I think there's power in it for me."

26 "When I'm feeling a little low, I put on my favorite high heels to stand a little taller."

27 "I really think it's wonderful that we're getting a chance to show what we can do and that we're being accepted...I have been at it a long time, and it's a new day and age."

28 "I'm not happy all the time, and I wouldn't want to be, because that would make me a shallow person. But I do try to find the good in everybody."

29 "Smile. It increases your face value."

30 "I'm a woman and proud of it. I really feel like I have plenty to offer... and I think we all should be able to express ourselves however we do."

31 "I was born with a happy heart. I'm always looking for things to be better."

There's a little dolly in all of us.

"I'm not always nice. I'm a person, I want to be nice. I choose to be good, I choose to have a good attitude, you have to work hard at all that. There are times when I can tell you where to put it if I don't like where you got it. I don't lose my temper often but I use it sometimes. I always know, there are some things that you can't let some people get away with or they will. So, don't you ever think that I'm a pushover. I want people to know I'm a girl of many colors."

Be like Dolly... There's a lot of beauty and a little badass in all of us!

"I wish you joy and happiness. But above all of this, I wish you love."