

2022 JULY JUST RISE UP

Creating a Better World for You and All Women with Just 3 Words!



1 JUST RISE UP.

2 Demand your rights.

3 USE YOUR VOICE.

4 Be a force.

5 Take up space.

6 Blaze new trails.

7 BE A REBEL.

8 You got this.

9 You matter. Always.

10 Own your strength.

11 Tell YOUR story.

12 Trust your intuition.

13 You have power.

14 Go, girl, go!

15 Rattle their cage.

16 KICK SOME ASS.

17 Be authentically you.

18 You are worthy.

19 Turn it up.

20 Take no sh*t.

21 Nothing but respect.

22 JUST BE YOURSELF.

23 Intelligence is power.

24 YOU CAN OVERCOME.

25 You. Are. Mighty.

26 You are amazing.

27 Be out there.

28 DON'T FOLLOW. LEAD.

29 Your words matter.

30 BE THE BOSS.

31 VOTE, GiRL, VOTE.

Look in the mirror each morning and repeat the words for that day. Go, girl, go!

